

also has been changed from an irregular shape to a *hexagonal shape* that passes through and saturates body tissue much more efficiently than conventional water. It is this smaller, regular shaped cluster that is extremely penetrating and therefore hydrates everything it comes in contact with. As it hydrates body tissue, it pushes out all the things that don't belong in the body, which are commonly known as toxins. Therefore, *Ionized Water* is very detoxifying, which is why people who are very toxic must start drinking their *Ionized Water* very slowly so they do not detoxify too quickly.

IN CONCLUSION: There is nothing more important for the body than water and there is no better water than *Ionized Water*. Water is our best defense against disease of every kind. Sixty percent or more of all chronic disease would be significantly reduced if people would simply keep themselves properly hydrated. **Health is a habit, not an event... and drinking water should become our first habit in our quest for great health!**

KANGEN™ WATER

- Calorie FREE Antioxidant
- Alkalizes—High pH
- Oxygenates—Detoxifies
- Superior Hydration
- Hexagonal Structured
- Microclustered

Disclaimer: All information presented here has not been evaluated by the FDA, and is not intended to diagnose, treat, cure or prevent any disease. These products are neither formulated nor prescribed for any medical condition. They are formulated for use as an important addition to the daily diet.



Drink healthy KANGEN™ WATER
Filtered & ionized fresh from your faucet
FOR PENNIES PER SERVING for a lifetime

All bottled waters are EXPENSIVE and 98% are ACIDIC and thereby not very healthy... PLUS they pollute our Earth with plastic bottles and the fossil fuels needed to transport water all over the globe.

For info on a KANGEN™ (Medical Grade) System
RICK PANSON - WATER PURIFICATION
 NUTRITIONAL MICROBIOLOGIST - NATURAL HEALTH COACH
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 212-533-5256



When you know you deserve the BEST.



The Earth is ~70% covered in water. A healthy human body is also ~70% water. Did you know that of all the water on the planet, only 7% is not "salted"? 90% of that "unsalted" water is frozen in our polar icecaps. That leaves only .7% (that's 7/10 of 1% of all water on the planet) for our "fresh" water in all our Earthly rivers, streams, lakes and underground aquifers... AMAZING!

IONIZED KANGEN™ WATER

The Best Substance We Can Possibly Consume

By Bob McCauley

Without water, life could not exist. It is the most common substance found on Earth. Water is also the body's most vital need. Most tap water is fine to consume as long as it is properly filtered with both carbon and particulate filters.

Spring & mineral bottled water are not good choices. The plastic bottles leach their petro-chemicals into the water in those bottles and we burn enormous amounts of diesel fuel in order to deliver it around the globe (bad for air quality and bad for global warming too). Bottled water is bad for our global environment.



Purified water, reverse osmosis or distilled, should be completely avoided. It is water that has had all the minerals removed from so it is literally pure H₂O. Because of its extreme purity, purified water absorbs carbon dioxide out of the air, which makes it acidic and even more aggressive at dissolving alkaline substances it comes in contact with. It turns the body acidic, leaches vital minerals and does not hydrate the body well at all.

The best water to drink is *Ionized (KANGEN™) Water*, which is produced by running normal tap water over a positive (anode) and negative (cathode) electrode. This creates positive and negative ions in the water that are then separated. Thus, two dif-

ferent waters with opposite characteristics are created at the same time, one alkaline, the other acid.

To *ionize* simply means to gain or lose an electron. Essentially, the ionization process robs an electron from one molecule and donates, or transfers it to another molecule. Both alkaline and acid *ionized water* have extraordinary properties and benefits, however, their respective uses could not be more different. We drink alkaline water and use the acid water on the outside of our bodies as well as for many other purposes. *Ionized water has a beneficial effect on everything it comes in contact with as long as it is used properly.*

Powerful Antioxidant- *The centerpiece of Ionized Water is its antioxidant properties.* It is miraculous that normal tap water can be instantly transformed into a strong antioxidant water. *Ionized Water* has two antioxidant qualities, its negative charge and the presence of hydroxyl ions which are free radical scavengers.

All liquids have an Oxidation Reduction Potential (ORP), which is the millivoltage (mV), vibration or frequency it possesses. Rust is an example of slow oxidation, fire an example of rapid oxidation. Our bodies are somewhere in between these extremes. Only a negative ORP can reduce or negate oxidation. Strong Alkaline *Ionized Water* has an ORP of -150 mV to -350 mV. Thus, we counteract the aging process by consuming a negatively charged substance, which dampens the positive ORP of our oxidizing body.

Increased Oxygen and Free Radical Scavenger- The body is starved for electrons and Alkaline *Ionized Water* contains an abundance of them, which nullify free radicals in the body. *Ionized Water* is an extremely effective antioxidant because it is a liquid with a small grouping of water molecule clusters and thus

IONIZED WATER IS NATURAL WATER



Have you ever smelled the fresh clean air near a waterfall in the woods or near the surf at the ocean?

That is Nature's ionization of water!

is more easily absorbed into the body where it can be of immediate use.

Drinking Ionized Water gives you energy- Once the extra electrons are donated to free radicals in the body, what is left are two stabilized oxygen molecules, thus providing the body with more oxygen. Oxygen is a nutrient the body desperately needs. It makes us alert and invigorated. It carries vital nutrients around the body. For someone with cancer, the high oxygen level provided by *Ionized Water* is particularly helpful since oxygen destroys cancer cells.

Balances body fluid pH- Because of the predominance of hydroxyl ions in *Ionized Water*, the water becomes alkaline, meaning it has a high pH. The pH level can be adjusted with a Water Ionizer between 7 & 10.



All disease thrives in an acid environment in the body and will not flourish and thrive in an alkaline environment. If we acidify our bodies through poor diet we become vulnerable to any disease that invades the body. The more acid we are the more susceptible we become to disease. As disease flourishes in the body, it begins to create a more acidic environment in order to spread further until it consumes the body. Currently, the medical establishment as a whole has not embraced the idea that body pH and disease work hand in hand.

Body alkalinity is most accurately measured through the saliva or urine. One of the keys to Great Health is keeping the body pH properly balanced and alkaline. Drinking plenty of *Ionized Water* will easily help achieve that.

Powerful Detoxifier and Superior Hydrator *Ionized Water* is sometimes called *Reduced Water* or *Cluster Water* because of its small molecular grouping. Water molecules typically group together in clusters of 10-13. *Ionized Water* molecule clusters are split in half and clustered into 5-6 water molecules, thus they are *reduced* in size. The *Ionized Water* molecule cluster